

**REFEREES' GUIDE
TO
CUP COMPETITIONS AND LEAGUE REGULATIONS**

Norfolk Cup

In the event of a draw 10 minutes each way.

(Senior/Junior Cups)

Replacements As per RFU Cup below
i.e. 4 replacements/substitutes for the earlier rounds, 6
for later rounds (semi's and final).

**RFU National Clubs Knock Out
Senior/Intermediate/Junior
Eastern Counties Cup**

In the event of a draw 10 minutes each way.

Replacements/Substitutes Maximum **FOUR** in
attendance.

Teams (ie named squads) must have **FIVE** players
capable of playing in front row. (Replacement front row
can be either on bench or playing in another position).
This covers injury or temporary suspension of front row
forwards.

If a team on the first or second occasion says it has no
front row forwards, you can go to uncontested scrums
BUT the team without the required replacement
forwards is deemed to have lost the match, (it follows
that if there should be a third occasion, then the
requirement for uncontested scrums does not lose them
the match, as they have fulfilled their obligation in
having two front row replacements).
THERE IS NO LEEWAY.

**For the semi finals and final, maximum SIX in
attendance, 5 players must be capable of playing in
front row.**

Leagues (Level 5 and below)

Not more than **three** replacements/substitutes.

Front Row replacements

Squads must have **FOUR** players capable of playing in
the front row.

On the second/subsequent occasions if there is no one
capable of playing in the front row **for an injured,
temporally suspended, or a dismissed player**, the
match is abandoned for the purposes of the league result.
The game however continues with uncontested scrums.
(But please note the score, time elapsed and what was
said to you, for the subsequent inquiry! However, do not
make any comment to the teams as to the outcome of the

situation, as that is for the organising committee to decide.)

For temporary suspensions ,however, that create the second or subsequent occurrence, uncontested scrums are allowed for the duration (only) of the suspension, and this has no bearing on the match result.